



NOTTINGHAMSHIRE NETWORK

NEWS BITES!

MAY 2017.

U3A (INDIVIDUAL).

Peer Support Groups

During the January Network meeting, when we were discussing the Way Forward, a number of U3As said they wanted many more opportunities for committee members in particular roles and for interest group leaders to meet, share experiences and learn from each other. Paul Martinez (Carlton and Gedling U3A, email: pkmartinez14@gmail.com) is willing to act as a reference point for Notts. U3As taking their turn at setting up these *PEER SUPPORT GROUPS*.

Paul will be sharing some draft 'tips and wheezes' for running such groups at the Notts. Network meeting in July. In advance of that meeting could you please canvass ideas in your U3A for one or two *PEER SUPPORT GROUPS* which you would like to offer to other Notts. U3As.

Support Groups for Wine Tasters and Newsletter Editors have already been run. Groups planned are:

Sherwood U3A – Interest Group Coordinators, Business Secretaries, New Members Secretaries (Meeters and Greeters),.

Meeting at Sherwood Welfare on Wednesday 4th October 2017, 9.30 to 11.30am.

Southwell U3A - Speaker Seekers in early 2018

Also on the **4th October, 9.30 am to 11.30am**, in a different room at **Sherwood Welfare** and following up the Workshop in March, there will be a **Support Group Meeting for Holiday and Trip Leaders**.

Further information will be in the July Issue of News Bites

NEIGHBOURHOOD (CLUSTERS OF U3AS IN LOCAL AREAS)

New U3A for Warsop

The Nottinghamshire Network Support Group are planning to start a new U3A in Warsop, in October 2017, and hope to enlist the help of local U3As in the Neighbourhood to do this; possibly Dukeries, Forest Town, Mansfield, Sherwood and Worksop.

The 1st Pre Launch Meeting will be at The Black Bull, Woodhouse Road, Mansfield Woodhouse, NG18 2BQ at 2pm on Thursday, 13th July. This Meeting is for any representative from local U3As and for any people who live in the Warsop area and are currently members of other U3As

NETWORK (ONE IN EACH OF THE 5 COUNTIES OF THE EAST MIDLANDS AND INCLUDES MOST COUNTY U3AS)

2017 Workshops

Wednesday 5th July - Committee Members – “Managing Growth” Workshop at the Summit Centre (Flyer and Agenda sent with this issue)

We are very lucky as we are to have one of the first Workshops to be fully funded and run by the Third Age Trust. We were planning to offer a Workshop called “Growth Matters” and Jane Pavier contacted Michaela Moody, one of the Vice Chairman of the N.E.C., to ask if she would participate. Michaela volunteered a recently created Workshop on a similar theme and asked if we would pilot it and, needless to say, we agreed!

Wednesday 1st November – Six Interest Group Workshops – Art (not Art Appreciation), Drama, Walking, Science, Languages, History.

Further information will be in the July Issue of News Bites

From Liz Wilson – Nottinghamshire Network Support Group – lizskill@tiscali.co.uk