

Support Group Report October 2018 - January 2019

- Workshop held on Communications
- Grouptalk set up as a means for U3As to share information
- Ravenshead U3A has set up a Peer Support Group meeting for Science and Technology
- Beacon training and information sharing event set up by Carlton and Gedling U3A
- Free Red Cross first aid training advertised to Network U3As
- Music Appreciation Peer Support Group to be offered by Arnold U3A
- A workshop for Treasurers is being explored
- The Ageing Well event is being planned for later in the year
- U3As launched successfully in Ruddington and Wollaton
- New U3As for Calverton and Bullwell are being explored

Paul Martinez, Network Support Officer, December 2018