



THE UNIVERSITY OF THE THIRD AGE

# NOTTINGHAMSHIRE NETWORK

## NEWS BITES! FEB 2019

*Sharing ideas across 32 U3As in Nottinghamshire*

### PEER SUPPORT GROUP S

If your U3A would like to host a Peer Group event please contact Paul Martinez [pkmartinez14@gmail.com](mailto:pkmartinez14@gmail.com)

#### Architecture Peer Support Group

Beeston U3A are wishing to organise an Architecture Peer Support Group for all those who are currently either running an Architecture group or who are interested in starting one. The meeting will be on Friday 22<sup>nd</sup> March, starting at 1:30pm for 2:00pm with coffee and biscuits on arrival.

The meeting will take place at The Pearson Centre which is in Beeston near the Beeston Library, the address is 2 Nuart Road, Beeston, Nottingham, NG9 2NH. There is limited parking at the Centre but there are several car parks very nearby along with both the tram and public transport.

The agenda is flexible, but it would be useful to know about matters such as frequency of meetings, how your meetings are organised, different approaches and useful resources.

If you are able to attend, then all replies should go to:

[Di Fischer-Harman](mailto:difschr@yahoo.co.uk) on [difschr@yahoo.co.uk](mailto:difschr@yahoo.co.uk)

#### Classical Music, Notts Network Peer Support Group

Arnold U3A would like to share good news about its classical music groups and their collaboration with the Royal Centre and its Nottingham Classics concerts. It is also offering support to new and established groups in terms of resources linked to the concert programmes.

Arnold U3A is organising an initial gathering on the afternoon of Saturday 6 April (exact time to be confirmed) at the Royal Concert Hall. Ideally a classical music group convenor/leader (or potential leader) from each U3A would attend - plus a co-ordinator/enabler/money person. The event will be co-hosted by William Ruff from Arnold U3A and Neil Bennison from the Royal Centre. Representatives are offered free tickets for that evening's Hallé concert. We are hoping that this initial gathering will lead on to future collaborations between members.

If you are interested in running a classical music group - or are already doing so - and would like to attend the meeting on Sat 6 April, please let William Ruff know at [william.u3a@gmail.com](mailto:william.u3a@gmail.com). Alternatively, if you cannot make the meeting but would like to be informed of further developments, please also email.

### NETWORK NEWS

#### Notts Network Meeting Wednesday 30<sup>th</sup> Jan. 2019

Suggestions to help with Recruiting New Committee Members

- Individual approaches
- Observing a meeting
- Shadowing
- Appeals in Newsletter and at meetings
- Succession planning on committee meeting agenda
- Trustee induction
- Invite members to attend committee meetings (but ask them to sign a confidentiality agreement)
- Talk to people directly, they could be being put off by perceptions of the trustee responsibilities
- One experiment was single out people who have joined more than 5 groups and approach them one to one
- Write to every group leader asking them to suggest potential committee members
- Explain that closure might be necessary if suitable committee members not found
- Try to divide onerous responsibilities into smaller elements (e.g. Treasurer)
- Try to find something that would be a suitable match for the skills of any volunteers
- Set up a table at monthly meetings where members can talk to committee members

#### Free Online Life Saving Course

George Gollidge reported at the January Notts Network Meeting on the following facility which is freely available to everyone including U3A members. He says that Cheryle's dream is to have a trained life-saver on every street in the UK, so it would be fantastic if this free training course could be adopted by the U3A on a national basis, not just in the Notts Network area.

Dr. Cheryle Berry MBE, who is a member of the Clay Cross Rotary Club, has produced a community life-saving scheme to ensure that everyone in the UK can learn basic life-saving skills free of charge. She has joined forces with the Virtual College to create an online training course which takes about 40 minutes to complete. Go online at

[www.virtual-college.co.uk/prepared](http://www.virtual-college.co.uk/prepared)

