



THE UNIVERSITY OF THE THIRD AGE

NOTTINGHAMSHIRE NETWORK

NEWS BITES! FEB. 2018.

Sharing ideas across 29 U3As in Nottinghamshire

PEER SUPPORT GROUPS

Keyworth U3A are hosting Peer Support Group Meetings on 29th March 2018 2 – 4pm in the Parochial Hall, Selby Lane, Keyworth For anyone currently (or thinking of) running one of the groups below

Come and meet your peers, learn and exchange experiences.

Book Clubs, Italian and Listening to Music Interest Groups

Coffee and tea provided. No charge to attendees.

Contact Jenny by 15th March jengreavesnetworku3a@gmail.com

If your U3A would like to host a Peer Group event please contact Paul Martinez pkmartinez14@gmail.com

NETWORK NEWS

MARCH 2018

A new U3A for Ruddington and surrounding areas



Notts Network website
www.nottsu3anetwork.org

Did you know that as of October 2017 there were 171 different interest groups available across all the Notts U3As?

These can be viewed on the website in alphabetic sequence, by popularity and by categories such as Arts, Sciences, Languages, Hobbies and Pastimes. The information is under the 'U3As' tab on the website.

Please use this information to contact the group leaders of other U3As—share knowledge, ask for advice, arrange joint meetings (a bridge competition?), or if you are thinking of setting up a new group for your U3A then why not pick the brains of colleagues across the county?

To provide information for the website please contact Peter Edge on peter.edge@ntlworld.com

WORKSHOPS

Proposed Notts Network Conference on Ageing in Britain

The idea is to take the theme of Ageing in Britain and explore its different facets using a variety of approaches such as: expert speakers, group discussion, participative events such as dancing, yoga, meditation. The conference would be self funded and due to the wide audience we should be able to attract some really interesting speakers. If need be we could open the conference up to neighbouring county U3As.

There is no fixed date for the Conference but it could be in Autumn 2018 or Spring 2019.

If you would like to be part of the team organising this event, or you have any good ideas of items to include in the programme, or you have any contacts at Nottingham or Trent Universities please get in touch :-

by 23rd February with Rosie Allen, Vice Chair of Notts Network and Chair of Arnold U3A

THIRD AGE TRUST

Extraordinary General Meeting

21st March 2018, 11.00 until 15.30

The Great Hall, University of Birmingham, B15 2TN

Please register online at u3a-egm.eventbrite.co.uk

or call the National Office on 020 8466 6139.

Lunch and refreshments are provided.

Programme

11.00 Arrive, coffee, networking

11.30 Presentation by Graham Clark, Chair of the Governance Committee.

11.45 **EGM**

12.45 Presentation by haysmacintyre, auditors.

13.00 Lunch

14.00 **Panel debate – ‘The Great Ageing Well Debate’**

Chaired by ERIC MIDWINTER, the panel will comprise of experts from the fields of health and ageing, arts and ageing, lifelong learning and ageing. The debate will be on what difference all these elements make to the quality of life.

15.30 End