



THE UNIVERSITY OF THE THIRD AGE

NOTTINGHAMSHIRE NETWORK

NEWS BITES! OCT. 2018.

Sharing ideas across 31 U3As in Nottinghamshire

PEER SUPPORT GROUPS Using Facebook for your U3A

Thanks to Rosie Garner's (Bingham) organisation and Marilyn Jones' (Sutton-in-Ashfield) presentation—both excellent— around 30 representatives of Notts. U3As spent an afternoon learning more about Facebook. Marilyn has been administering the Sutton Facebook page for 4 years now and her U3A uses it as a supplement to news-letter and website to advertise upcoming events and group meetings and to then post photos and news of the occasion—all in a vibrant and dynamic way. Marilyn took us through the method of setting up a "page", and a group" and has provided an excellent set of notes. Our discussion about security measures sent a few of us off to our personal facebook pages to check settings and I think we all came away more confident overall. Anyone wishing to have a copy of Marilyn's notes please email Rosie at bingham.u3a.chairman@gmail.com



If your U3A would like to host a Peer Group event please contact Paul Martinez pkmartinez14@gmail.com

NETWORK NEWS

Next Qrtly Meeting and AGM

to be held on
Wednesday 31st October
10—12 noon

St Peter's Centre
Ravenshead, Notts
NH15 9FD

There is a busy agenda including AGM and a presentation / discussion on the use of Beacon so far around the county.



THIRD AGE TRUST

Communications Workshop

Booking now open

Wednesday 7th November, 10.30am - 3pm, St Peter's Centre, Ravenshead

This workshop will be useful for committee members, newsletter editors, website officers and those involved with promoting and publicising the U3A.

Third Age Trust National Office has kindly agreed to run this new workshop on Communications in Ravenshead. This interactive workshop has been designed to generate discussion and ideas around how to communicate effectively both to your membership and in raising the profile of the U3A externally. We have been asking for this workshop for some time and are really pleased that Nottinghamshire Network is one of the first places to host this new workshop. You can book your FREE place by logging on to the eventbrite link below. Paul Martinez, Network Support Officer

Eventbrite link: <https://www.eventbrite.co.uk/e/communications-workshop-nottingham-tickets-50524905352>

Objectives for the day include:

- to discuss effective use of social media
- to consider and review the different methods of communication
- to discuss and identify the different messages that the U3A wants to convey
- to consider who your audience is and the best way to reach them.

