

**NOTTINGHAMSHIRE NETWORK OF U3As - MINUTES OF MEETING HELD ON
WEDNESDAY 24th JULY 2019 AT THE CENTRE, ST. PETER'S, RAVENSHEAD, NOTTS. NG15 9FD**

PRESENT	Rosie Allen Chair (Arnold), Rita Foulkes Treasurer (Sherwood), Sue Blackley Secretary (Beeston), Peter Edge Web Master (Keyworth), Margot Gale, Notts. County Contact (Beeston), Chris Niven Vice Chair (Eastwood) Jean Hogg, Regional Trustee (Keyworth). Kristyna Mitchell (Arnold), Sue Boswell (Ashfield), John Lewis, Lindsay Evett (Bingham), Gill Horrocks (Carlton and Gedling) George Gollidge, Sue Harkins(Edwalton and Gedling) Linda Shutt, Andy Riby (Forest Town), Carole Harrison (Mansfield), Ann Orton (Nottingham), Liz Gilder, (The Park) Diane Hibbert, Lynden Lowe (Rainworth), Maria Gabrielczyk, Trevor Smith (Ravenshead), Sue Ross, Kate Evans, (Retford) Liz Wilson (Sherwood), Brian Hinners (Soar Valley) Chris Bentley (Southwell) Trevor Williams (Stapleford), Marilyn Jones (Sutton in Ashfield), June Whittle (Warsop) Paco Saucedo (West Bridgford) Maggie Loxton (Worksop) Martin Cackett (Wollaton) Jane Pavier (The Park Nottm) Support Officer Paul Martinez Support Group Chair (Carlton and Gedling)
ITEM 1	Apologies received from Lynne Jaremzenko, Barrie Saunders, Zena Inger and Paul Fileman Rosie Allen welcomed everyone
ITEM 2	<p>AGREE MINUTES, ACTION POINTS & ANY OTHER MATTERS ARISING FROM THE LAST MEETING DATED 30.01 2019.</p> <p>The minutes for the meeting on 30 01 2019 were agreed and accepted.</p> <p>Matters arising</p> <ul style="list-style-type: none"> • Lynne Jaremzenko will continue to produce News Bites • Please will members ensure that Margot (county contact) is informed if there are changes of personnel. • Chris Niven has taken over the role of Vice Chair • Rita Foulkes will retire as the Network Treasurer at the AGM 2019.
ITEM 3	<p>REPORTS</p> <p>TREASURER– Rita Foulkes RF had circulated her report prior to the meeting. The budget is healthy. Currently £1000 is being held in the account which are fees for the October Conference. It was proposed that the annual subscription from the Notts U3As will be reduced to £20 for the coming year. This was approved and will be taken to the AGM. The budget plan was circulated previously.</p> <p>SUPPORT GROUP -Paul Martinez</p> <ul style="list-style-type: none"> • There will be a workshop held in Nottingham in February 2020 on ‘Running Your U3A’ funded by the Third Age Trust. • Calverton, the latest U3A to be set up in Notts, has had an excellent response. The Inaugural meeting is today July 24th. • The next new U3A to be set up is Bulwell. Neighbouring groups have been consulted and there have been no objections. • Maria and Jane were thanked for the Speaker Seeker handbook. A meeting for any interested Speaker Seekers is to be held on August 1st. • There was little to report on Peer Support Groups. It is hoped that members attending the meeting will encourage their U3As to take part. <p>GROUP TALK -Peter Edge</p> <ul style="list-style-type: none"> • There has been little activity with Group Talk. PE explained how it works. <p>AGEING WELL CONFERENCE</p> <ul style="list-style-type: none"> • The conference is fully booked. The venue and equipment etc have been provided free of charge by the University of Nottingham. Regrettable that some members have been turned away but there is a limit on numbers. <p>NETWORK LINK -Margot Gale</p> <ul style="list-style-type: none"> • MG stressed how well the Notts Network functions. Very strong network which is apparent when she attends the national network link meetings. • MG was unable to attend the last meeting.

	<p>REGIONAL TRUSTEE -Jean Hogg</p> <p>Agreed about the quality of the Notts Network</p> <ul style="list-style-type: none"> • It would be positive if more shared learning projects were taking place in the region. • The regional conference will take place on April 21st 2020 at Eastwood Hall. • The TAT Development Plan will be discussed at the National Conference. Booking is going well. • Annual returns need to be sent to the Third Age Trust. • The Charity Commission may insist that U3As have policies for Safeguarding, Accessibility and Equal Opportunities. There is guidance on the National Website.
ITEM 4	<p>ANNUAL GENERAL MEETING 23.10.19</p> <p>The revised draft constitution was previously circulated with the proposal to add the following documents to the constitution in Section 5 rather than have them as separate documents</p> <ol style="list-style-type: none"> 1. Procedure for the Election of Officers 2. Procedure for the AGM in October. <p>The other significant change related to the removal of the requirement for Network Committee members to be a U3A committee member. Many members do not choose to take on a role for the Network until they have given up their U3A committee role due to workload.</p> <p>All, except one, agreed with these changes and that they should be put forward for the AGM.</p>
ITEM 5	<p>PROPOSED DISCUSSION ITEM FOR OCTOBER MEETING</p> <p>It was agreed that Social Prescription will be discussed. Anne Orton and John Lewis will start the discussion.</p>
ITEM 6	<p>U3A HEALTH CHECK</p> <p>It was agreed that this is a useful document for committees to use.</p>
ITEM 7	<p>PICNIC IN THE PARK AND CHINESE NEW YEAR</p> <p>Terry has booked 90 seats at Springwater for the Chinese meal and Celebration on Monday January 27th at 7pm. The cost will be around £20, and details will be put in News Bites.</p> <p>An event next Summer involving all U3As will be organised. This may be a celebration with music and other entertainment. Liz Wilson will help to organise. Members asked to forward names of those prepared to be on a planning team.</p>
ITEM 8	<p>AOB</p> <ul style="list-style-type: none"> • A speaker/seeker data base will be set up • Olson Cruises give U3A member 10% off • Riviera give 10% to the U3A
	<p>COMFORT BREAK</p>
	<p>DISCUSSION ON ARE WE FULL? KEEPING YOUR U3A AND INTEREST GROUPS OPEN TO NEW MEMBERS SOME OBSERVATIONS</p> <ul style="list-style-type: none"> • Attract new younger members by setting up interest groups with appeal for younger folk e.g. cycling, gardening, orienteering • Could meet on two different days if the open meeting venue won't accommodate all members. • Postal membership has been set up by some groups. Members get all the information and attend groups but not the open meetings. • Need to be proactive in setting up new U3As when neighbouring ones are getting full. • Video link could relay the speaker into another room.
	<p>Date of next meetings Wednesday 23.10.19 start 10am The Centre, St Peter's, Ravenshead, Nottm NG15 9FD</p> <p>Future meetings 10am at the above Wednesday January 29th, 2020 Wednesday April 29th, 2020 Wednesday July 29th, 2020 Wednesday October 21st 2020</p>

Chair..... Secretary.....Date

Rosie Allen

Sue Blackley