

**NOTTINGHAMSHIRE NETWORK OF U3As - MINUTES OF MEETING HELD ON  
WEDNESDAY 29th January 2020 AT THE CENTRE, ST. PETER'S, RAVENSHEAD, NOTTS. NG15 9FD**

<b>PRESENT</b>	Rosie Allen Chair (Arnold), Chris Niven Vice Chair (Eastwood ), Terry Hardman Treasurer (Sutton-in-Ashfield), Margot Gale County Contact (Beeston), Peter Edge Webmaster (Keyworth), Jean Hogg Regional Trustee. Denise Swain (Arnold), Lindsay Evett, John Lewis (Bingham), , Gill Robertson , Barbara Taylor (Calverton), Jill Horrocks, Lynne Jaremczenko (Carlton & Gedling), Michael O'Connor (Cotgrave), George Gollidge, Sandra Morrey (Edwalton & Gamston), Kelvin Foster, Linda Shutt (Forest Town), Marguerite Hodgkinson, Siobhan Lee, (Hucknall), Carole Harrison (Mansfield), Carolyn Luckhurst, Christine Padgett (Mapperley), Jill Lee (Newark), Anne Orton (Nottingham), Liz Gilder (Park Nottingham), Lyndon Lowe (Rainworth), Maria Gabrielczyk (Ravenshead), Chris Clifford, Sue Ross (Retford), Anne Madden, Liz Wilson (Sherwood), Paul Fileman (Soar Valley), Anne Greenaway (Southwell), Trevor Williams (Stapleford), Zena Inger, Jim Shervey (Warsop), Mike Johnson (Wollaton), Maggie Loxton , Sheila Massey (Worksop).
<b>ITEM 1</b>	Rosie welcomed everyone. There were apologies from Sue Blackley Secretary (Beeston), Paul Martinez Support Officer (Carlton and Gedling), Mark Jackson (Hucknall), Marjorie Bramhill (Southwell), Pat Green, Paco Saucedo (West Bridgford), Martin Cackett (Wollaton).
<b>ITEM 2</b>	<b>AGREE MINUTES, ACTION POINTS &amp; MATTERS ARISING FROM THE LAST MEETING DATED 23.10.2019</b> The minutes for the meeting were approved. Jacqueline Hampshire (Mansfield) was incorrectly recorded as being present. No matters arising.
<b>ITEM 3</b>	<p><b>REPORTS</b></p> <p><b>Treasurer - Terry Hardman</b> At the time of the meeting the bank balance stood at £1,345 with all 31 of the 2019/2020 subscriptions paid (Collingham U3A is not a member, Calverton and Wollaton U3As do not pay in their first year). There were £2,706 of deposits and balances paid into the bank for the Springwater Chinese New Year event which was held at no cost to the network. The event was highly successful and Terry has made a provisional booking for next year.</p> <p><b>Regional Trustee – Jean Hogg</b> Jean’s Winter 2020 Newsletter had been circulated to all U3As and she hopes it goes to all committee members. Preliminary results from a recent survey are that the membership is ageing and there is a need to attract more recently retired people. Jean would love to know what U3As are planning for U3A day on 3<sup>rd</sup> June as she plans to tour some of the events.</p> <p><b>Support Group -Paul Martinez</b> Paul was unable to attend the meeting but had submitted a written report.</p> <ul style="list-style-type: none"> <li>• Maria Gabrielczyk asked whether there is support for a Trips and Visits Peer Support Group (PSG) and around 15 representatives responded. The PSG is planned for Wednesday 1<sup>st</sup> April to be hosted by Ravenshead. Maria will prepare an email for circulation.</li> <li>• PSGs for Chairs, Secretaries and Treasures were suggested. Topics put forward were: engaging with the membership; GDPR refresher; committee responsibilities; accessibility issues; induction (committee and new members). Jean encouraged representatives to study the advice section on the National Office website.</li> </ul> <p><b>Network Link Meeting October 2019 – Margot Gale</b></p> <ul style="list-style-type: none"> <li>• A rebranding exercise is underway and it will be possible to order specially printed T-Shirts.</li> <li>• Committees are encouraged to use generic email addresses for officer contact addresses.</li> <li>• There is a model constitution for networks wishing to register as charities. The simpler constitution adopted by the Notts Network at the last AGM is suitable for our needs.</li> <li>• The network has an affiliation agreement with National Office, this will enable us to use the U3A logo.</li> </ul> <p><b>Three Year Plan – Rosie Allen</b></p> <ul style="list-style-type: none"> <li>• The 2019 plans have been retained to show how much was achieved.</li> <li>• A workshop on ‘Managing Your U3A ’ is proposed, but clearly will not be held in February as on the plan.</li> <li>• It has been decided to plan and launch one new U3A per year rather than two.</li> </ul>
<b>ITEM 4</b>	<p><b>SOCIAL PRESCRIPTION</b></p> <p>Chris Niven reported that an initial meeting had been held with Nottingham West Primary Care Network and other organisations regarding Social Prescription. The aims were; to share some background on SP, clarify where we are at with SP in our area, identify challenges and solutions. Three link workers have been appointed in our area, they are currently assessing what is available and how they can best signpost people to appropriate organisations. The aim is for statutory and voluntary to work in equal partnership. Some areas of Nottinghamshire have systems and link workers in place but it is envisaged it will be bespoke for each area.</p> <p>The situation is that 70% of NHS activity relates to long term conditions and 1 in 5 appointments are non-medical. .</p> <p>Points from the representatives:</p> <ul style="list-style-type: none"> <li>• There are only a small number of link workers so the numbers coming through are expected to be small</li> <li>• Sandra Morrey (Edwalton &amp; Gamston) has her name on a Rushcliffe bereavement signposting leaflet</li> </ul>

	<ul style="list-style-type: none"> <li>• Age UK send out information to organisations.</li> <li>• There should be no special priority on waiting lists</li> <li>• What are the implications if the membership is funded by the NHS?</li> <li>• U3As need a policy based on what they can manage.</li> </ul> <p>There is an advice sheet on social prescription on the National Website under Advice/Supporting Your Members.</p>
<b>Ership. ITEM 5</b>	<p><b>U3A DAY 3<sup>RD</sup> JUNE 2020</b></p> <p>Jean explained that the idea is for U3As to get out and attract attention. What are U3As planning?</p> <ul style="list-style-type: none"> <li>• Ravenshead have booked the Village Hall for the day and invited other U3As to participate.</li> <li>• Stapleford is in a cluster planning an event in Wollaton Park.</li> <li>• Warsop and Mapperley are struggling to generate enthusiasm.</li> <li>• Retford is making bags for life to hand out</li> <li>• Worksop have their steel band.</li> <li>• Mansfield are to set up a group outside Tesco</li> </ul> <p>Nottingham U3A asked for top down support, e.g. a letter to councils explaining what is happening and encouraging their cooperation. Jean offered to follow this up.</p>
<b>ITEM 6</b>	<p><b>ARTS FESTIVAL</b></p> <p>This is an event for members. There is a planning team of 7-8. The date has been set for Saturday 15<sup>th</sup> August and will be held in the Henry Mellish Leisure Centre, Highbury Vale, near Bulwell. This is a large venue with good parking and public transport links. 15 U3As have responded positively with the name of a link person and their initial thoughts on activities they could demonstrate. There was a question raised about insurance if non-member guests (e.g. grandchildren) came along. This will be investigated.</p>
<b>ITEM 7</b>	<p><b>FUTURE NETWORK MEETINGS</b></p> <p><b>April 29<sup>th</sup> 2020</b></p> <p>Informal meeting with coffee and cake. Topics: Widening the diversity of members: Wollaton and Eastwood followed by a general open session where members can raise problems for advice from others.</p> <p><b>July 29<sup>th</sup> 2020</b></p> <p>Succession planning including within Interest Groups Beeston to lead on this.</p> <p><b>U3A Chairman</b></p> <p>Jean will explore the possibility of inviting Ian McCannah to one of the meetings. The agendas may have to be rearranged to accommodate this.</p>
<b>ITEM 8</b>	<p><b>AOB</b></p> <p>Congratulations to Soar Valley U3A who are to receive their 20 year certificate and to Newark U3A who are to receive their 15 year certificate.</p> <p>There was a request that a discussion on 'Death of U3A member' be on the agenda for the next meeting</p>
	<b>COMFORT BREAK</b>
	<p><b>DISCUSSION ON MEMBERSHIP ENGAGEMENT AND NEW MEMBERS WHO DO NOT RENEW</b></p> <p>The following issues were raised and discussed</p> <ul style="list-style-type: none"> <li>• Arnold have 'buddy' arrangements for new members, and follow up calls after a few weeks and a few months. People who haven't renewed are contacted and reasons for leaving investigated.</li> <li>• Arnold suggested that the drop-out rate is highest amongst those who do not attend monthly meetings</li> <li>• Southwell have a 'Chat table' at the monthly meeting with groups coordinator and group leaders</li> <li>• At their monthly meeting Forest Town ask people to say hello to the people in front and behind, and in the newsletter ask people to make an effort to talk to people</li> <li>• Warsop reduce the number of chairs at the monthly meeting to encourage people to talk</li> <li>• Eastwood have a new members coffee morning and Sherwood think these are very important</li> <li>• Bingham have a new members liaison officer</li> <li>• Beeston introduce new members to group leaders at a group leaders meeting</li> <li>• Bingham encourage existing members to take a more active role</li> </ul>
<b>ITEM 5</b>	<p><b>Date of next meeting:</b></p> <p><b>Wednesday April 29<sup>th</sup> 2020 start 10am</b></p> <p><b>The Centre, St Peter's, Ravenshead, Nottm NG15 9FD</b></p> <p><b>Future meetings 10am at the above:</b></p> <p><b>Wednesday July 29<sup>th</sup>, 2020</b></p> <p><b>Wednesday October 21<sup>st</sup> 2020</b></p>

Peter Edge  
Draft 31<sup>st</sup> January 2020

Chair..... Secretary..... Date.....  
Rosie Allen Sue Blackley