

National Workshop series 2016

The Third Age Trust is offering an extended series of national workshops across the UK in 2016 which will be run by members of the Training & Development team. These are partially in response to demand, with some updates of earlier successful workshops but all are geared towards maintaining the U3A ethos and helping members to manage their U3As more effectively.

The first set of workshops is available for booking now but you can also register your interest in the second and third of the series and you will be notified as soon as bookings are open for them.

1. Participative Learning (February, March)

This full day workshop builds on the very popular Participative Learning workshop at the National Conference in Nottingham. It will include an interactive presentation and a series of exploratory planning activities. The main supporting document will be More Time to Learn.

Possible audience: all U3A members but of particular interest to those who run Interest groups or those who co-ordinate their U3A's Interest groups.

2. Managing your U3A (April, May)

- Being a Trustee
- Committees and Constitutions

We have been asked to repeat the workshop Managing Growth but we have built in general management issues to meet a wider need. In the best tradition of U3A, we will be learning from each other in a supportive environment. The day includes a presentation, sharing best practice from many U3As and discussion and problem solving sessions.

Possible audience: committee members and prospective committee members

3. Planning ahead: more Time to Learn, Laugh and Live (July, September, October)

This is an interactive whole day workshop where delegates take part in each module. Three topics seem to be at the forefront of the challenges that face many U3As:

- Induction for new Committee members / Trustees
- Starting new Interest Groups
- Dealing with the "difficult customer"

We can all learn from each other and, in this context, we hope to be able to encourage you to find solutions to some of your challenges and leave everyone more time to enjoy U3A. Delegates will cover each of the 3 topics in different groupings so that they hear the different ways in which U3As organise things in their U3As. At least some will be right for you!

Possible audience: committee members and prospective committee members

Workshop locations: have been selected for ease of access and venue availability.

Belfast:	BCM Grosvenor House 5 Glengall Street Belfast BT12 5AD	Tuesday 16 February 2016
Birmingham:	Carrs Lane Conference Centre Carrs Lane Birmingham B4 7SX	Tuesday 23 February 2106
Bristol:	1 Canons Road Harbourside Bristol BS1 5TX	Tuesday 29 March 2016
Darlington:	Morton Park Business Trg Centre Yarm Road Darlington DL1 4PJ	Thursday 3 March 2016
London:	Friends Meeting House 173 Euston Rd, London NW1 2BJ	Wednesday 16 March
Manchester:	Friends' Meeting House 6 Mount Street Manchester M2 5NS	Tuesday 2 February 2016

FOR FURTHER INFORMATION, BOOKING AND REGISTERING INTEREST VISIT THE EVENTS SECTION IN THE MEMBERS' AREA OF THE WEBSITE www.u3a.org.uk